

Monday	Tuesday	Wednesday	Thursday	Friday
<b>--- Entrees ---</b>	<b>--- Entrees ---</b>	<b>--- Entrees ---</b>	<b>--- Entrees ---</b>	<b>--- Entrees ---</b>
Peach Cheerios Snack Bar WGR IW 2.5 oz Carbs: 51 * Wheat	Peach Cheerios Snack Bar WGR IW 2.5 oz Carbs: 51 * Wheat	Peach Cheerios Snack Bar WGR IW 2.5 oz Carbs: 51 * Wheat	Peach Cheerios Snack Bar WGR IW 2.5 oz Carbs: 51 * Wheat	Peach Cheerios Snack Bar WGR IW 2.5 oz Carbs: 51 * Wheat
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MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat
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Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat
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Lucky Charms SS 2 oz Cup TWP Carbs: 46	Lucky Charms SS 2 oz Cup TWP Carbs: 46	Lucky Charms SS 2 oz Cup TWP Carbs: 46	Lucky Charms SS 2 oz Cup TWP Carbs: 46	Lucky Charms SS 2 oz Cup TWP Carbs: 46
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MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat
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Cocoa Puffs SS 2 oz Cup Carbs: 47	Cocoa Puffs SS 2 oz Cup Carbs: 47	Cocoa Puffs SS 2 oz Cup Carbs: 47	Cocoa Puffs SS 2 oz Cup Carbs: 47	Cocoa Puffs SS 2 oz Cup Carbs: 47
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Berry Banana Smoothie Carbs: 72 * Milk, Wheat	Berry Banana Smoothie Carbs: 72 * Milk, Wheat	Berry Banana Smoothie Carbs: 72 * Milk, Wheat	Berry Banana Smoothie Carbs: 72 * Milk, Wheat	Berry Banana Smoothie Carbs: 72 * Milk, Wheat
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Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat	Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat	Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat	Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat	Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat
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SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat
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<b>--- Entrees ---</b>	<b>--- Entrees ---</b>	<b>--- Entrees ---</b>	<b>--- Entrees ---</b>	<b>--- Entrees ---</b>
Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47	Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47	Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47	Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47	Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47
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BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN Carbs: 56 * Milk, Soybeans, Eggs, Tree Nuts, Wheat	BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN Carbs: 56 * Milk, Soybeans, Eggs, Tree Nuts, Wheat	BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN Carbs: 56 * Milk, Soybeans, Eggs, Tree Nuts, Wheat	BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN Carbs: 56 * Milk, Soybeans, Eggs, Tree Nuts, Wheat	BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN Carbs: 56 * Milk, Soybeans, Eggs, Tree Nuts, Wheat
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Cinni Mini, Cinnamon Roll IW TWP Carbs: 40 * Milk, Soybeans, Wheat	Cinni Mini, Cinnamon Roll IW TWP Carbs: 40 * Milk, Soybeans, Wheat	Cinni Mini, Cinnamon Roll IW TWP Carbs: 40 * Milk, Soybeans, Wheat	Cinni Mini, Cinnamon Roll IW TWP Carbs: 40 * Milk, Soybeans, Wheat	Cinni Mini, Cinnamon Roll IW TWP Carbs: 40 * Milk, Soybeans, Wheat
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<b>--- Sides ---</b>	<b>--- Sides ---</b>	<b>--- Sides ---</b>	<b>--- Sides ---</b>	<b>--- Sides ---</b>
HUMMUS, PLAIN TUB REF TWP Carbs: 5	HUMMUS, PLAIN TUB REF TWP Carbs: 5	HUMMUS, PLAIN TUB REF TWP Carbs: 5	HUMMUS, PLAIN TUB REF TWP Carbs: 5	HUMMUS, PLAIN TUB REF TWP Carbs: 5
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Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
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Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk
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CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk
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Peanut Butter Creamy Bulk Tub TWP Carbs: 5 * Peanuts, Soybeans	Peanut Butter Creamy Bulk Tub TWP Carbs: 5 * Peanuts, Soybeans	Peanut Butter Creamy Bulk Tub TWP Carbs: 5 * Peanuts, Soybeans	Peanut Butter Creamy Bulk Tub TWP Carbs: 5 * Peanuts, Soybeans	Peanut Butter Creamy Bulk Tub TWP Carbs: 5 * Peanuts, Soybeans
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Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27
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Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14
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Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Sides ---</p> <p>JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14</p> <p>---</p> <p>Oranges, Fresh, 138 Count, Whole Carbs: 14</p> <p>---</p> <p>--- Milk ---</p> <p>MILK, Strawberry FF TWP * Milk</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14</p> <p>---</p> <p>Oranges, Fresh, 138 Count, Whole Carbs: 14</p> <p>---</p> <p>--- Milk ---</p> <p>MILK, Strawberry FF TWP * Milk</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14</p> <p>---</p> <p>Oranges, Fresh, 138 Count, Whole Carbs: 14</p> <p>---</p> <p>--- Milk ---</p> <p>MILK, Strawberry FF TWP * Milk</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14</p> <p>---</p> <p>Oranges, Fresh, 138 Count, Whole Carbs: 14</p> <p>---</p> <p>--- Milk ---</p> <p>MILK, Strawberry FF TWP * Milk</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14</p> <p>---</p> <p>Oranges, Fresh, 138 Count, Whole Carbs: 14</p> <p>---</p> <p>--- Milk ---</p> <p>MILK, Strawberry FF TWP * Milk</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<b>--- Entrees ---</b>	<b>--- Entrees ---</b>	<b>--- Entrees ---</b>	<b>--- Entrees ---</b>	<b>--- Entrees ---</b>
Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat
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Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat	Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat	Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat	Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat	Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat
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Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat	Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat	Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat	Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat	Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat
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Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat
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Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat	Nachos Bell Grande (w/ beef crumbles) Carbs: 7 * Soybeans, Wheat	General's Chicken Carbs: 26 * Milk, Soybeans, Wheat	Pizza Burger Carbs: 37 * Soybeans, Wheat	Mickey's Pizza Carbs: 28 * Milk, Wheat
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Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat
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Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat	Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat	Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat	Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat	Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat
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Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat	Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat	Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat	Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat	Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat
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SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat	Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat	Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat	Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat
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	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat
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Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Egg and Cheese Croissant Sandwich Carbs: 31 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Baked Apples Carbs: 19 * Soybeans</p> <p>---</p> <p>Apple Slice, Unsweetened, Canned</p> <p>---</p> <p>Carrots, Raw, Sticks Carbs: 11</p> <p>---</p> <p>McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 17</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22</p> <p>---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Mexicali Corn TWP Carbs: 26 * Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Bush's Taco Fiesta Black Beans 108 oz Carbs: 44</p> <p>---</p> <p>Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Fortune Cookies-Commercial Carbs: 3 * Soybeans, Wheat</p> <p>---</p> <p>RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32</p> <p>---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Soy Glazed Green Beans Carbs: 5 * Soybeans</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs</p> <p>---</p> <p>ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Ore Ida® Reduced Sodium Tater Tots® 6x5 LBS Carbs: 34</p> <p>---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Strawberries with Whipped Topping Carbs: 40 * Milk</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Roasted Chickpeas HS Carbs: 32</p> <p>---</p> <p>Baked Bean Supreme Carbs: 47</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Cranapple Spinach Salad HS Carbs: 33 * Wheat</p> <p>---</p> <p>Spinach, Leaves, Fresh</p> <p>---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Celery, Raw, Sticks Carbs: 4</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Strawberries with Whipped Topping Carbs: 40 * Milk</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>

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<p>--- Sides ---</p> <p>HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> ---</p> <p>Assorted Fresh Fruit ---</p> <p>Apple Juice 100% <i>Carbs: 15</i> ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Lactose Free and Low Fat 1% <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Lactose Free and Low Fat 1% <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---</p>	<p>--- Sides ---</p> <p>HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> ---</p> <p>Assorted Fresh Fruit ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Lactose Free and Low Fat 1% <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Lactose Free and Low Fat 1% <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Lactose Free and Low Fat 1% <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<b>-- Snack Items --</b> Garlic Bread <i>Carbs: 15</i> * Milk, Soybeans, Wheat ---	<b>--- Entrees ---</b> Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	<b>--- Entrees ---</b> Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	<b>--- Entrees ---</b> Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	<b>--- Entrees ---</b> Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---
<b>--- Entrees ---</b> Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Pancakes, Whole Grain or Whole Grain-Rich <i>Carbs: 26</i> * Milk, Soybeans, Eggs, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---
Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Rainbow Chopped Salad <i>Carbs: 96</i> * Milk, Soybeans, Eggs, Wheat ---	Rainbow Chopped Salad <i>Carbs: 96</i> * Milk, Soybeans, Eggs, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Rainbow Chopped Salad <i>Carbs: 96</i> * Milk, Soybeans, Eggs, Wheat ---
Penne Alfredo <i>Carbs: 51</i> * Milk ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Rainbow Chopped Salad <i>Carbs: 96</i> * Milk, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---
Rainbow Chopped Salad <i>Carbs: 96</i> * Milk, Soybeans, Eggs, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---
Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---
Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Tacos <i>Carbs: 48</i> * Soybeans, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---
Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---
Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	Hot Ham and Cheese on a Pretzel Bun (HS) <i>Carbs: 57</i> * Milk, Soybeans, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	Mickey's Pizza <i>Carbs: 28</i> * Milk, Wheat ---
Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---

Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Entrees ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat</p> <p>---</p> <p>Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser <i>Carbs: 36</i> * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker <i>Carbs: 22</i> * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Italian Green Beans HS <i>Carbs: 6</i></p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i></p> <p>---</p> <p>Pears, Diced, Extra Light Syrup, Canned TWP <i>Carbs: 16</i></p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i></p> <p>---</p> <p>Cucumber and Tomato Salad HS <i>Carbs: 7</i></p> <p>---</p> <p>Assorted Fresh Fruit</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Tacos <i>Carbs: 26</i> * Soybeans</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser <i>Carbs: 36</i> * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker <i>Carbs: 22</i> * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i></p> <p>---</p> <p>PINEAPPLE, CHUNK IN JUICE CANNED TWP <i>Carbs: 22</i></p> <p>---</p> <p>RICE, BROWN LONG GRAIN PARBOILED TWP <i>Carbs: 32</i></p> <p>---</p> <p>Black Bean and Corn Salad <i>Carbs: 37</i></p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i></p> <p>---</p> <p>CORN, KERNEL YELLOW FROZEN <i>Carbs: 42</i></p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser <i>Carbs: 36</i> * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker <i>Carbs: 22</i> * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Chickpea Salad <i>Carbs: 8</i></p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i></p> <p>---</p> <p>SWEET POTATO FRIES 7/16" CRINKLE-CUT XLONG FZN TWP <i>Carbs: 46</i></p> <p>---</p> <p>CRAISINS CHERRY FLAVORED POUCH <i>Carbs: 28</i></p> <p>---</p> <p>Pears, Diced, Extra Light Syrup, Canned TWP <i>Carbs: 16</i></p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i></p> <p>---</p> <p>Assorted Fresh Fruit</p>	<p>--- Entrees ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat</p> <p>---</p> <p>Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser <i>Carbs: 36</i> * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker <i>Carbs: 22</i> * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i></p> <p>---</p> <p>SAUSAGE, TURKEY PATTY 1.17 OZ 2.5" SEASONED CKD FZN TWP <i>Carbs: 2</i></p> <p>---</p> <p>Baked Apples <i>Carbs: 19</i> * Soybeans</p> <p>---</p> <p>Apple Slice, Unsweetened, Canned</p> <p>---</p> <p>McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) <i>Carbs: 17</i></p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Homemade Buffalo Chicken Pizza <i>Carbs: 29</i> * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser <i>Carbs: 36</i> * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker <i>Carbs: 22</i> * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Tossed Salad <i>Carbs: 6</i></p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i></p> <p>---</p> <p>Blueberries with Whipped Topping <i>Carbs: 10</i> * Milk</p> <p>---</p> <p>Celery, Raw, Sticks <i>Carbs: 4</i></p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i></p> <p>---</p> <p>Assorted Fresh Fruit</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>Assorted Fresh Fruit ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5 ---</p> <p>Assorted Fresh Fruit ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>

Monday	Tuesday	Wednesday	Thursday
<p>--- Entrees ---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat</p> <p>---</p> <p>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat</p> <p>---</p> <p>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p>	<p>--- Entrees ---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat</p> <p>---</p> <p>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Nachos Bell Grande (w/ beef crumbles) Carbs: 7 * Soybeans, Wheat</p> <p>---</p> <p>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat</p> <p>---</p> <p>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p>	<p>--- Entrees ---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat</p> <p>---</p> <p>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Meatball Sub MS/HS Carbs: 50 * Soybeans, Wheat</p> <p>---</p> <p>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat</p> <p>---</p> <p>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p>	<p>--- Entrees ---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat</p> <p>---</p> <p>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Fritos and Franks Carbs: 38 * Soybeans, Wheat</p> <p>---</p> <p>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat</p> <p>---</p> <p>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p>

Monday	Tuesday	Wednesday	Thursday
<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Grilled Cheese Carbs: 64 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Apple Juice 100% Carbs: 15</p> <p>---</p> <p>Campbell's Classic Condensed Tomato Soup TWP Carbs: 20 * Wheat</p> <p>---</p> <p>Cherry Tomato Cup Carbs: 3</p> <p>---</p> <p>Roasted Broccoli Carbs: 8</p> <p>---</p> <p>Peterson Apple Slices</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>CORN, KERNEL YELLOW FROZEN Carbs: 42</p> <p>---</p> <p>RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32</p> <p>---</p> <p>Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Romaine Boats Carbs: 11 * Soybeans, Wheat</p> <p>---</p> <p>Lettuce, Romaine, Raw</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>APPLESAUCE, UNSWEETENED TWP Carbs: 12</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Peas and Carrots HS Carbs: 18</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Celery, Raw, Sticks Carbs: 4</p> <p>---</p> <p>Baked Bean Supreme Carbs: 47</p> <p>---</p> <p>Red White and Blue Fruit Salad Carbs: 28</p> <p>---</p> <p>Ore Ida® Reduced Sodium Tater Tots® 6x5 LBS Carbs: 17</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>

Monday	Tuesday	Wednesday	Thursday
<p>--- Sides ---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5 ---</p> <p>Assorted Fresh Fruit ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>

Tuesday	Wednesday	Thursday	Friday
<p>--- Entrees ---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat</p> <p>---</p> <p>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat</p> <p>---</p> <p>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p>	<p>-- Snack Items --</p> <p>ONION RING, BREADED FLOUR RANDOM PARCOOKED FROZEN BAG APPETI Carbs: 26</p> <p>---</p> <p>--- Entrees ---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat</p> <p>---</p> <p>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat</p> <p>---</p> <p>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p>	<p>-- Snack Items --</p> <p>Garlic Bread Carbs: 15 * Soybeans, Wheat</p> <p>---</p> <p>--- Entrees ---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat</p> <p>---</p> <p>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat</p> <p>---</p> <p>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p>	<p>--- Entrees ---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat</p> <p>---</p> <p>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Jake's Pizza * Milk, Soybeans, Wheat</p> <p>---</p> <p>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat</p> <p>---</p> <p>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p>

Tuesday	Wednesday	Thursday	Friday
<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>MCCAIN® CRISPY BAKEABLE SEASONED 1/2" DEEP GROOVE CRINKLE FR Carbs: 22 * Soybeans</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>APPLESAUCE, RASPBERRY BLUE SS PLASTIC CUP Carbs: 14</p> <p>---</p> <p>Carrots &amp; Celery Carbs: 8</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Entrees ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Sidekicks Frozen BlueRaspberry-Lemon Carbs: 23</p> <p>---</p> <p>Baked Bean Supreme Carbs: 47</p> <p>---</p> <p>SWEET POTATO FRIES 7/16" CRINKLE-CUT XLONG FZN TWP Carbs: 46</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p>	<p>--- Entrees ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p> <p>CHICKEN, 8 PIECE 80 COUNT BONE-IN SKIN-ON COOKED OVEN ROASTE * Milk, Soybeans</p> <p>---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Strawberry, pear, and orange salad Carbs: 25</p> <p>---</p> <p>Celery, Raw, Sticks Carbs: 4</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Romaine Boats Carbs: 11 * Soybeans, Wheat</p> <p>Lettuce, Romaine, Raw</p> <p>---</p> <p>Del Monte® Low Sodium Cut Green Beans 101 oz. Can Carbs: 5</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Strawberry, pear, and orange salad Carbs: 25</p> <p>---</p> <p>Celery, Raw, Sticks Carbs: 4</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Romaine Boats Carbs: 11 * Soybeans, Wheat</p> <p>Lettuce, Romaine, Raw</p> <p>---</p>

Tuesday	Wednesday	Thursday	Friday
<p>--- Sides ---</p> <p>COLESLAW, SWEET DIXIE SALAD TWP Carbs: 19 * Eggs</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>Assorted Fresh Fruit ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5 ---</p> <p>Assorted Fresh Fruit ---</p> <p>Tossed Salad Carbs: 6 ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>