Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Peach Cheerios Snack Bar WGR IW 2.5 oz Carbs: 51 * Wheat	Peach Cheerios Snack Bar WGR IW 2.5 oz Carbs: 51 * Wheat	Peach Cheerios Snack Bar WGR IW 2.5 oz Carbs: 51 * Wheat	Peach Cheerios Snack Bar WGR IW 2.5 oz Carbs: 51 * Wheat	Peach Cheerios Snack Bar WGR IW 2.5 oz Carbs: 51 * Wheat
	434°40°		***	
MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat
***	#.#.#/	(FIET)	555	
Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat
2.2.2			Y .	Lucius Charma SS 2 az Cun
Lucky Charms SS 2 oz Cup TWP Carbs: 46	Lucky Charms SS 2 oz Cup TWP Carbs: 46			
www	#3#(#X	* 25.55	元元表と	-5-5-5
MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat
222	HORSES		***	
Cocoa Puffs SS 2 oz Cup Carbs: 47	Cocoa Puffs SS 2 oz Cup Carbs: 47			
= 12/E				
Berry Banana Smoothie Carbs: 72 * Milk, Wheat	Berry Banana Smoothie Carbs: 72 * Milk, Wheat	Berry Banana Smoothie Carbs: 72 * Milk, Wheat	Berry Banana Smoothie Carbs: 72 * Milk, Wheat	Berry Banana Smoothie Carbs: 72 * Milk, Wheat
Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat	Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat	Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat	Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat	Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat
				cerece
SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat
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Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47	Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47	Cup 2 oz Carbs: 47	Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47	Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47
WWW:	T. DERE	20.00	P5-5-1	
BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN Carbs: 56 * Milk, Soybeans, Eggs, Tree Nuts, Wheat	BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN Carbs: 56 * Milk, Soybeans, Eggs, Tree Nuts, Wheat	BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN Carbs: 56 * Milk, Soybeans, Eggs, Tree Nuts, Wheat	BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN Carbs: 56 * Milk, Soybeans, Eggs, Tree Nuts, Wheat	BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN Carbs: 56 * Milk, Soybeans, Eggs, Tree Nuts, Wheat
222		***	(e.ata	
Cinni Mini, Cinnamon Roll IW TWP Carbs: 40 * Milk, Soybeans, Wheat	Cinni Mini, Cinnamon Roll IW TWP Carbs: 40 * Milk, Soybeans, Wheat	Cinni Mini, Cinnamon Roll IW TWP Carbs: 40 * Milk, Soybeans, Wheat	Cinni Mini, Cinnamon Roll IW TWP Carbs: 40 * Milk, Soybeans, Wheat	Cinni Mini, Cinnamon Roll IW TWP Carbs: 40 * Milk, Soybeans, Wheat
0.1	Older	C:d	Sides	Sides
Sides	Sides	Sides		
HUMMUS, PLAIN TUB REF TWP Carbs: 5				
	222		(www	
Assorted Fresh Fruit				
		7 <u>2</u> 7212	W-W-	
Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk
	222	CHEESE, CREAM PLAIN	芸芸芸の	2636
CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP <i>Carbs:</i> 19 * Milk	SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk
	*(**)	65 SERE	ERES	***
Peanut Butter Creamy Bulk Tub TWP Carbs: 5 * Peanuts, Soybeans	Peanut Butter Creamy Bulk Tub TWP Carbs: 5 * Peanuts, Soybeans	Peanut Butter Creamy Bulk Tub TWP Carbs: 5 * Peanuts, Soybeans	Peanut Butter Creamy Bulk Tub TWP Carbs: 5 * Peanuts, Soybeans	Peanut Butter Creamy Bulk Tub TWP Carbs: 5 * Peanuts, Soybeans
Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27
222	新美美)		表示(表)	(0.00
Orange Juice, Individual Cups, Frozen Carbs: 14				
	***	(/ a = a = a		/+ + +

Monday	Tuesday	Wednesday	Thursday	Friday
Sides	Sides	Sides	Sides	Sides
JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14				
#(#PE)	H(H(H)	***	5 5.82	77.71.7
Oranges, Fresh, 138 Count, Whole Carbs: 14				
			1 2 4 4	
Milk	Milk	Milk	Milk	Milk
MILK, Strawberry FF TWP * Milk				
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk			
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk

BUTTER AND GRAPE TWP

Carbs: 64

* Peanuts, Wheat

Grades 9 - 12

Friday Tuesday Wednesday **Thursday** Monday --- Entrees ------ Entrees ------ Entrees ---- - - Entrees - - ---- Entrees ---Turkey Hoagie MS/HS Turkey Hoagie MS/HS Turkey Hoagie MS/HS Turkey Hoagie MS/HS Turkey Hoagie MS/HS Carbs: 45 Carbs: 45 Carbs: 45 Carbs: 45 Carbs: 45 * Milk, Soybeans, Wheat ------Cheese Hoagie MS/HS Cheese Hoagie MS/HS Cheese Hoagie MS/HS Cheese Hoagie MS/HS Cheese Hoagie MS/HS Carbs: 43 Carbs: 43 Carbs: 43 Carbs: 43 Carbs: 43 * Soybeans, Wheat * Sovbeans, Wheat * Soybeans, Wheat * Soybeans, Wheat * Sovbeans, Wheat ------Rainbow Chopped Salad Rainbow Chopped Salad Rainbow Chopped Salad Rainbow Chopped Salad Rainbow Chopped Salad Carbs: 96 Carbs: 96 Carbs: 96 Carbs: 96 Carbs: 96 Milk, Soybeans, Eggs, Milk, Soybeans, Eggs, * Milk, Soybeans, Eggs, * Milk, Soybeans, Eggs, * Milk, Soybeans, Eggs, Wheat Wheat Wheat Wheat Wheat -------------Chicken Caesar Wrap Chicken Caesar Wrap Chicken Caesar Wrap Chicken Caesar Wrap Chicken Caesar Wrap Carbs: 52 Carbs: 52 Carbs: 52 Carbs: 52 Carbs: 52 * Milk, Fish, Sovbeans, * Milk, Fish, Soybeans, * Milk. Fish. Sovbeans. * Milk, Fish, Soybeans, * Milk, Fish, Sovbeans, Eggs, Wheat Eggs, Wheat Eggs, Wheat Eggs, Wheat Eggs, Wheat ---Mickey's Pizza General's Chicken Pizza Burger Italian Hoagie MS/HS Nachos Bell Grande (w/ beef Carbs: 28 Carbs: 37 crumbles) Carbs: 26 Carbs: 49 * Milk, Wheat * Milk, Soybeans, Wheat * Sovbeans, Wheat * Milk, Soybeans, Wheat Carbs: 7 * Soybeans, Wheat ------------Italian Hoagie MS/HS Italian Hoagie MS/HS Italian Hoagie MS/HS Chicken Patty Carbs: 49 Carbs: 49 Italian Hoagie MS/HS Carbs: 49 Carbs: 37 * Milk, Soybeans, Wheat * Milk, Soybeans, Wheat Carbs: 49 * Milk, Soybeans, Wheat * Milk, Soybeans, Wheat * Milk, Soybeans, Wheat ------Chicken Patty Chicken Patty Spicy Chicken Patty HS Chicken Patty Carbs: 37 Carbs: 37 Carbs: 37 Carbs: 41 Chicken Patty * Milk, Soybeans, Wheat * Milk, Soybeans, Wheat * Milk, Soybeans, Wheat Carbs: 37 * Soybeans, Wheat * Milk, Soybeans, Wheat ---------Spicy Chicken Patty HS Spicy Chicken Patty HS Spicy Chicken Patty HS Roasted Pear Salad with Carbs: 41 Spicy Chicken Patty HS Carbs: 41 Chicken and Cheddar Carbs: 41 * Soybeans, Wheat * Soybeans, Wheat * Soybeans, Wheat Carbs: 41 Carbs: 48 222 * Milk, Soybeans, Eggs, * Soybeans, Wheat Wheat Roasted Pear Salad with Roasted Pear Salad with Roasted Pear Salad with Chicken and Cheddar Chicken and Cheddar Chicken and Cheddar Roasted Pear Salad with Carbs: 48 Carbs: 48 SMUCKER 5.3 OZ Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, * Milk, Soybeans, Eggs, * Milk, Sovbeans, Eggs, Carbs: 48 UNCRUSTABLE PEANUT Wheat Wheat Wheat BUTTER AND GRAPE TWP Milk, Soybeans, Eggs, ... Carbs: 64 Wheat ------* Peanuts, Wheat SMUCKER 5.3 OZ SMUCKER 5.3 OZ SMUCKER 5.3 OZ ---UNCRUSTABLE PEANUT UNCRUSTABLE PEANUT UNCRUSTABLE PEANUT SMUCKER 5.3 OZ

BUTTER AND GRAPE TWP

Carbs: 64

* Peanuts, Wheat

UNCRUSTABLE PEANUT

BUTTER AND GRAPE TWP

Carbs: 64

* Peanuts, Wheat

BUTTER AND GRAPE TWP

Carbs: 64

* Peanuts, Wheat

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Buffalo Chicken Cheese	Buffalo Chicken Cheese Steak	Buffalo Chicken Cheese Steak	Buffalo Chicken Cheese Steak	Buffalo Chicken Cheese Steak
Steak Carbs: 50	Carbs: 50	Carbs: 50	Carbs: 50	Carbs: 50
* Milk, Soybeans, Eggs,	* Milk, Soybeans, Eggs,	* Milk, Soybeans, Eggs,	* Milk, Soybeans, Eggs,	* Milk, Soybeans, Eggs,
Wheat	Wheat	Wheat	Wheat	Wheat
	2.42		ere c	***
Egg and Cheese Croissant	Chicken Patty HS 9/10	Chicken Patty HS 9/10	Chicken Patty HS 9/10	Chicken Patty HS 9/10
Sandwich	w/Kaiser	w/Kaiser	w/Kaiser	w/Kaiser
Carbs: 31	Carbs: 36	Carbs: 36	Carbs: 36	Carbs: 36
* Milk, Soybeans, Eggs,	* Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat
Wheat		THE HE	55 50	
	Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger
Chicken Patty HS 9/10	Carbs: 31	Carbs: 31	Carbs: 31	Carbs: 31
w/Kaiser	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat
Carbs: 36			wink, coybeans, wheat	
* Soybeans, Wheat				
es e	Sides	Sides	Sides	Sides
Cheeseburger	PINEAPPLE, CHUNK IN	Fortune Cookies-	Ore Ida® Reduced Sodium	Cranapple Spinach Salad
Carbs: 31	JUICE CANNED TWP	Commercial	Tater Tots® 6x5 LBS	HS
* Milk, Soybeans, Wheat	Carbs: 22	Carbs: 3	Carbs: 34	Carbs: 33
mini, coyseans, rinear	2-22	* Soybeans, Wheat	* (* (*))	* Wheat
		(관합점	D 10.4 - 10.4-	Spinach, Leaves, Fresh
Sides	Peanut Butter and Graham	DIOE DROWN LONG	Peanut Butter and Graham	Opinacii, Ecaves, i Testi
	Cracker	RICE, BROWN LONG	Cracker	
Peanut Butter and Graham	Carbs: 22	GRAIN PARBOILED TWP	Carbs: 22	Peanut Butter and Graham
Cracker	* Peanuts, Soybeans, Wheat	Carbs: 32	* Peanuts, Soybeans, Wheat	Cracker
Carbs: 22	555	38.85 3	***	Carbs: 22
* Peanuts, Soybeans, Wheat	Mexicali Corn TWP	Peanut Butter and Graham	Strawberries with Whipped	* Peanuts, Soybeans, Whea
	Carbs: 26	Cracker	Topping	
Carrots, Baby, Fresh,	* Wheat	Carbs: 22	Carbs: 40	
Individually Wrapped		* Peanuts, Soybeans, Wheat	* Milk	Celery, Raw, Sticks
Carbs: 6	, 444	realitis, Soybeans, wheat		Carbs: 4
	Carrots, Baby, Fresh,			1222
(A.A.A.	Individually Wrapped	Soy Glazed Green Beans	Carrots, Baby, Fresh,	Carrots, Baby, Fresh,
Baked Apples	Carbs: 6	Carbs: 5	Individually Wrapped	Individually Wrapped
Carbs: 19		* Soybeans	Carbs: 6	Carbs: 6
* Soybeans		C# #C#		Carus. U
	Bush's Taco Fiesta Black		December 1 Objective 110	
Apple Slice, Unsweetened,	Beans 108 oz	Carrots, Baby, Fresh,	Roasted Chickpeas HS	Strawberries with Whipped
Canned	Carbs: 44	Individually Wrapped	Carbs: 32	Topping
	-	Carbs: 6	####	Carbs: 40
Carrots, Raw, Sticks	Bell Pepper Strips w/ Dip		Baked Bean Supreme	* Milk
Carbs: 11	Carbs: 3	Bell Pepper Strips w/ Dip	Carbs: 47	*. <u></u>
	* Milk, Eggs	Carbs: 3		HUMMUS, PLAIN TUB REF
	555	* Milk, Eggs	HUMMUS, PLAIN TUB REF	TWP
MaCain@ Channad			DUMMUS PLAIN LUB REE	
McCain® Chopped	***			Carbo: F
Seasoned RedSkin-on	HUMMUS, PLAIN TUB REF	10.00	TWP	Carbs: 5
Seasoned RedSkin-on Roasted (ES/MS)	HUMMUS, PLAIN TUB REF TWP	ORANGE, MANDARIN	TWP Carbs: 5	Carbs: 5
Seasoned RedSkin-on Roasted (ES/MS) Carbs: 17	HUMMUS, PLAIN TUB REF TWP Carbs: 5	ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP	TWP	
Seasoned RedSkin-on Roasted (ES/MS)	HUMMUS, PLAIN TUB REF TWP	ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP	TWP Carbs: 5	16.6.f
Seasoned RedSkin-on Roasted (ES/MS) Carbs: 17	HUMMUS, PLAIN TUB REF TWP Carbs: 5	ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP	TWP Carbs: 5	Assorted Fresh Fruit

Monday	Tuesday	Wednesday	Thursday	Friday
Sides	Milk	Sides	Milk	Milk
HUMMUS, PLAIN TUB REF TWP Carbs: 5 Assorted Fresh Fruit	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34	HUMMUS, PLAIN TUB REF TWP Carbs: 5 Assorted Fresh Fruit	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34
Apple Juice 100% Carbs: 15 Milk Milk, Chocolate, Non-fat, With Added Vitamin D Carbs: 34 Milk, Strawberry, Fat Free Carbs: 34 Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk Milk, Chocolate, Non-fat, With Added Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Grades 9 - 12

Thursday Friday Tuesday Wednesday Monday - - - Entrees - - -- - - Entrees - - ---- Entrees ------ Entrees ---- - Snack Items - -Turkey Hoagie MS/HS Turkey Hoagie MS/HS Turkey Hoadie MS/HS Garlic Bread Turkey Hoagie MS/HS Carbs: 45 Carbs: 15 Carbs: 45 Carbs: 45 Carbs: 45 * Milk, Soybeans, Wheat * Soybeans, Wheat * Milk, Soybeans, Wheat * Milk, Sovbeans, Wheat * Milk, Soybeans, Wheat ... ---------Cheese Hoagie MS/HS Pancakes. Whole Grain or Cheese Hoagie MS/HS Cheese Hoagie MS/HS --- Entrees ---Whole Grain-Rich Carbs: 43 Carbs: 43 Carbs: 43 * Soybeans, Wheat Turkey Hoagie MS/HS * Soybeans, Wheat Carbs: 26 * Sovbeans, Wheat Carbs: 45 * Milk, Soybeans, Eggs, ------* Milk, Soybeans, Wheat Wheat Rainbow Chopped Salad Rainbow Chopped Salad Rainbow Chopped Salad Carbs: 96 Carbs: 96 Carbs: 96 Cheese Hoagie MS/HS * Milk, Soybeans, Eggs, Cheese Hoagie MS/HS Milk, Sovbeans, Eggs. * Milk, Sovbeans, Eggs, Wheat Carbs: 43 Wheat Carbs: 43 Wheat * Soybeans, Wheat * Soybeans, Wheat ------------Chicken Caesar Wrap Chicken Caesar Wrap Chicken Caesar Wrap Penne Alfredo Rainbow Chopped Salad Carbs: 52 Carbs: 52 Carbs: 52 * Milk, Fish, Soybeans, Carbs: 51 * Milk, Fish, Soybeans, * Milk. Fish. Sovbeans. Carbs: 96 Eggs, Wheat * Milk * Milk, Soybeans, Eggs, Eggs, Wheat Eggs, Wheat Wheat ------Italian Hoagie MS/HS Rainbow Chopped Salad Italian Hoagie MS/HS Italian Hoagie MS/HS Chicken Caesar Wrap Carbs: 49 Carbs: 96 Carbs: 49 Carbs: 49 Carbs: 52 * Milk, Soybeans, Wheat * Milk, Soybeans, Eggs, * Milk, Soybeans, Wheat * Milk, Soybeans, Wheat * Milk, Fish, Soybeans, Wheat ---**** Eggs, Wheat ----Chicken Patty Chicken Patty Chicken Patty Carbs: 37 Chicken Caesar Wrap Carbs: 37 Carbs: 37 Italian Hoagie MS/HS * Milk, Soybeans, Wheat Carbs: 52 * Milk, Soybeans, Wheat * Milk, Soybeans, Wheat Carbs: 49 * Milk, Fish, Soybeans, ------* Milk, Soybeans, Wheat Eggs, Wheat Spicy Chicken Patty HS Tacos Spicy Chicken Patty HS ------Carbs: 41 Carbs: 48 Carbs: 41 * Soybeans, Wheat Italian Hoagie MS/HS Chicken Patty * Soybeans, Wheat * Soybeans, Wheat Carbs: 49 Carbs: 37 ------* Milk, Soybeans, Wheat * Milk, Soybeans, Wheat Roasted Pear Salad with Spicy Chicken Patty HS Roasted Pear Salad with ---Chicken and Cheddar Chicken and Cheddar Carbs: 41 Spicy Chicken Patty HS Carbs: 48 Chicken Patty * Soybeans, Wheat Carbs: 48 * Milk, Soybeans, Eggs, Carbs: 41 Carbs: 37 * Milk, Soybeans, Eggs, Wheat Milk, Soybeans, Wheat Wheat * Soybeans, Wheat Roasted Pear Salad with ---------Chicken and Cheddar Mickey's Pizza Spicy Chicken Patty HS Carbs: 48 Hot Ham and Cheese on a Roasted Pear Salad with Chicken and Cheddar Carbs: 28 Carbs: 41 Pretzel Bun (HS) * Milk, Soybeans, Eggs, Carbs: 48 * Milk. Wheat * Soybeans, Wheat Wheat Carbs: 57 * Milk, Soybeans, Wheat * Milk, Sovbeans, Eggs. ------Wheat SMUCKER 5.3 OZ Roasted Pear Salad with SMUCKER 5.3 OZ ---**UNCRUSTABLE PEANUT** Chicken and Cheddar UNCRUSTABLE PEANUT SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 48 BUTTER AND GRAPE TWP Carbs: 64 * Milk, Soybeans, Eggs, **BUTTER AND GRAPE TWP** Carbs: 64 Peanuts, Wheat Wheat * Peanuts, Wheat Carbs: 64 * Peanuts, Wheat ---------

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP	Buffalo Chicken Cheese Steak Carbs: 50	Buffalo Chicken Cheese Steak Carbs: 50	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP	Buffalo Chicken Cheese Steak Carbs: 50
Carbs: 64 * Peanuts, Wheat	* Milk, Soybeans, Eggs, Wheat	* Milk, Soybeans, Eggs, Wheat	Carbs: 64 * Peanuts, Wheat	* Milk, Soybeans, Eggs, Wheat
===	H(H)H	***		
Buffalo Chicken Cheese Steak Carbs: 50	Tacos Carbs: 26 * Soybeans	Chicken Patty HS 9/10 w/Kaiser Carbs: 36	Buffalo Chicken Cheese Steak Carbs: 50	Homemade Buffalo Chicken Pizza Carbs: 29
* Milk, Soybeans, Eggs, Wheat		* Soybeans, Wheat	* Milk, Soybeans, Eggs, Wheat	* Milk, Soybeans, Eggs, Wheat
VVIICAL	Chicken Patty HS 9/10			
Chicken Patty HS 9/10 w/Kaiser Carbs: 36	w/Kaiser Carbs: 36 * Soybeans, Wheat	Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat	Chicken Patty HS 9/10 w/Kaiser Carbs: 36	Chicken Patty HS 9/10 w/Kaiser Carbs: 36
* Soybeans, Wheat			* Soybeans, Wheat	* Soybeans, Wheat
	Cheeseburger Carbs: 31	Sides -	===	34.86 W
Cheeseburger Carbs: 31	* Milk, Soybeans, Wheat	Peanut Butter and Graham Cracker	Cheeseburger Carbs: 31	Cheeseburger Carbs: 31
* Milk, Soybeans, Wheat	0:1	Carbs: 22 * Peanuts, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat
***	Sides	realiuis, Soybealis, Wileat	₹₫₫	
Sides	Peanut Butter and Graham Cracker	Chickpea Salad	Sides	Sides
Peanut Butter and Graham Cracker Carbs: 22	Carbs: 22 * Peanuts, Soybeans, Wheat	Carbs: 8	Peanut Butter and Graham Cracker Carbs: 22	Peanut Butter and Graham Cracker Carbs: 22
* Peanuts, Soybeans, Wheat	Carrots, Baby, Fresh,	Carrots, Baby, Fresh, Individually Wrapped	* Peanuts, Soybeans, Wheat	* Peanuts, Soybeans, Wheat
	Individually Wrapped	Carbs: 6	Carrots, Baby, Fresh,	Tossed Salad
Italian Green Beans HS Carbs: 6	Carbs: 6	SWEET POTATO FRIES	Individually Wrapped Carbs: 6	Carbs: 6
e e e	PINEAPPLE, CHUNK IN	7/16" CRINKLE-CUT	Carbs. 0	***
Carrots, Baby, Fresh, Individually Wrapped	JUICE CANNED TWP Carbs: 22	XLONG FZN TWP Carbs: 46	SAUSAGE, TURKEY PATTY 1.17 OZ 2.5"	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6
Carbs: 6	***		SEASONED CKD FZN TWP	
Pears, Diced, Extra Light Syrup, Canned TWP	RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	CRAISINS CHERRY FLAVORED POUCH Carbs: 28	Carbs: 2	Blueberries with Whipped Topping
Carbs: 16			Baked Apples Carbs: 19	Carbs: 10 * Milk
HUMMUS, PLAIN TUB REF	Black Bean and Corn Salad Carbs: 37	Pears, Diced, Extra Light Syrup, Canned TWP	* Soybeans	2.7.5
TWP		Carbs: 16	Apple Slice, Unsweetened, Canned	Celery, Raw, Sticks Carbs: 4
Carbs: 5	HUMMUS, PLAIN TUB REF	THE PER	•••	Carbs. 4
Cucumber and Tomato Salad HS	TWP Carbs: 5	HUMMUS, PLAIN TUB REF TWP Carbs: 5	McCain® Chopped Seasoned RedSkin-on	HUMMUS, PLAIN TUB REF TWP
Carbs: 7	222	Carbs. 5	Roasted (ES/MS)	Carbs: 5
	CORN, KERNEL YELLOW FROZEN	Assorted Fresh Fruit	Carbs: 17	(1919)
Assorted Fresh Fruit	Carbs: 42	Assorted Fresh Fruit	***	Assorted Fresh Fruit
***	T-7		*	

Monday	Tuesday	Wednesday	Thursday	Friday
Milk	Sides	Milk	Sides	Milk
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free	Assorted Fresh Fruit Milk Milk, Chocolate, Non-fat, With Added Vitamin A and	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free	HUMMUS, PLAIN TUB REF TWP Carbs: 5 Assorted Fresh Fruit	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free
Carbs: 34	Vith Added Vitamin A and Vitamin D	Carbs: 34		Carbs: 34
Milk, Non-fat, With Added	Carbs: 34 * Milk	Milk, Non-fat, With Added	Milk	Milk, Non-fat, With Added
Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Strawberry, Fat Free Carbs: 34	Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D	Vitamin A and Vitamin D Carbs: 12 * <mark>Milk</mark>
Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk	Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34	Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12	Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
* Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12	* Milk 	Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk	Will Page
я	* Milk 		Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk	

Grades 9 - 12

Monday	Tuesday	Wednesday	Thursday
Entrees	Entrees	Entrees	Entrees
Turkey Hoagie MS/HS Carbs: 45	Turkey Hoagie MS/HS Carbs: 45	Turkey Hoagie MS/HS Carbs: 45	Turkey Hoagie MS/HS Carbs: 45
* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat
ene	***	25.53	5.5.5
Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat	Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat	Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat	Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat
		****	***
Rainbow Chopped Salad Carbs: 96	Rainbow Chopped Salad Carbs: 96	Rainbow Chopped Salad Carbs: 96	Rainbow Chopped Salad Carbs: 96
* Milk, Soybeans, Eggs, Wheat	* Milk, Soybeans, Eggs, Wheat	* Milk, Soybeans, Eggs, Wheat	* Milk, Soybeans, Eggs, Wheat
30,000	有思想:	9 5.555	5.55
Chicken Caesar Wrap Carbs: 52	Chicken Caesar Wrap Carbs: 52	Meatball Sub MS/HS Carbs: 50	Chicken Caesar Wrap Carbs: 52
* Milk, Fish, Soybeans, Eggs, Wheat	* Milk, Fish, Soybeans, Eggs, Wheat	* Soybeans, Wheat	* Milk, Fish, Soybeans, Eggs, Wheat
		Chicken Caesar Wrap	
Italian Hoagie MS/HS	Nachos Bell Grande (w/ beef	Carbs: 52	Fritos and Franks
Carbs: 49 * Milk, Soybeans, Wheat	crumbles) Carbs: 7	* Milk, Fish, Soybeans, Eggs, Wheat	Carbs: 38 * Soybeans, Wheat
	* Soybeans, Wheat	No. of the last of	7.7
Chicken Patty		Italian Hoagie MS/HS	Italian Hoagie MS/HS
Carbs: 37	Italian Hoagie MS/HS	Carbs: 49	Carbs: 49
* Milk, Soybeans, Wheat	Carbs: 49 * Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat
***	wilk, Soybeans, Wheat		
Spicy Chicken Patty HS Carbs: 41	Chicken Patty	Chicken Patty Carbs: 37	Chicken Patty Carbs: 37
* Soybeans, Wheat	Carbs: 37	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat
:=:=:#:	* Milk, Soybeans, Wheat	/ 3.5.7	** ** **
Roasted Pear Salad with	***	Spicy Chicken Patty HS	Spicy Chicken Patty HS
Chicken and Cheddar	Spicy Chicken Patty HS	Carbs: 41	Carbs: 41
Carbs: 48 * Milk, Soybeans, Eggs,	Carbs: 41 * Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat
Wheat		Roasted Pear Salad with	Roasted Pear Salad with
1575	Roasted Pear Salad with	Chicken and Cheddar	Chicken and Cheddar
SMUCKER 5.3 OZ	Chicken and Cheddar	Carbs: 48	Carbs: 48
UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP	Carbs: 48	* Milk, Soybeans, Eggs, Wheat	* Milk, Soybeans, Eggs, Wheat
Carbs: 64	* Milk, Soybeans, Eggs, Wheat	vvneat	vvneat
* Peanuts, Wheat		SMUCKER 5.3 OZ	SMUCKER 5.3 OZ
***	SMUCKER 5.3 OZ	UNCRUSTABLE PEANUT	UNCRUSTABLE PEANUT
	UNCRUSTABLE PEANUT	BUTTER AND GRAPE TWP	BUTTER AND GRAPE TWP
	BUTTER AND GRAPE TWP Carbs: 64	Carbs: 64 * Peanuts, Wheat	Carbs: 64 * Peanuts, Wheat
9	* Peanuts, Wheat	realiuis, villeat	r candis, whicat

Monday	Tuesday	Wednesday	Thursday
Entrees	Entrees	Entrees	Entrees
Buffalo Chicken Cheese Steak	Buffalo Chicken Cheese Steak	Buffalo Chicken Cheese Steak	Buffalo Chicken Cheese Steak
Carbs: 50 * Milk, Soybeans, Eggs,	Carbs: 50 * Milk, Soybeans, Eggs,	Carbs: 50 * Milk, Soybeans, Eggs,	Carbs: 50 * Milk, Soybeans, Eggs,
Wheat	Wheat	Wheat	Wheat
Grilled Cheese Carbs: 64	Chicken Patty HS 9/10 w/Kaiser	Chicken Patty HS 9/10 w/Kaiser	Chicken Patty HS 9/10 w/Kaiser
* Milk, Soybeans, Wheat	Carbs: 36	Carbs: 36	Carbs: 36
(元)表示)	* Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat
Chicken Patty HS 9/10	#3# #0	= 	は悪悪病
w/Kaiser	Cheeseburger	Cheeseburger	Cheeseburger
Carbs: 36	Carbs: 31	Carbs: 31	Carbs: 31
* Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat
		22	(inter-
Cheeseburger Carbs: 31	Sides	Sides	Sides
* Milk, Soybeans, Wheat	Peanut Butter and Graham	Peanut Butter and Graham	Peanut Butter and Graham
	Cracker	Cracker	Cracker
Otal	Carbs: 22	Carbs: 22 * Peanuts, Soybeans, Wheat	* Peanute Sovheans Wheat
Sides	reanuls, Soybeans, Wheat	realiuis, Soybealis, Wileat	realitis, Soybealis, Wilcat
Peanut Butter and Graham			
Cracker	Carrots, Baby, Fresh,	Carrots, Baby, Fresh,	Carrots, Baby, Fresh,
Carbs: 22	Individually Wrapped	Individually Wrapped	Individually Wrapped Carbs: 6
* Peanuts, Soybeans, Wheat	Carbs: 6	Carbs: 6	Carbs. 0
###. p	1447 43500	***	
Carrots, Baby, Fresh,	CORN, KERNEL YELLOW	Romaine Boats	Celery, Raw, Sticks
Individually Wrapped	FROZEN	Carbs: 11	Carbs: 4
Carbs: 6	Carbs: 42	* Soybeans, Wheat	+
444	***	Lettuce, Romaine, Raw	Baked Bean Supreme
Apple Juice 100%	RICE, BROWN LONG		Carbs: 47
Carbs: 15	GRAIN PARBOILED TWP	HUMMUS, PLAIN TUB REF	** **
	Carbs: 32	TWP	Red White and Blue Fruit
Campbell's Classic		Carbs: 5	Salad
Condensed Tomato Soup	Bell Pepper Strips w/ Dip	150 E-5	Carbs: 28
TWP	Carbs: 3	APPLESAUCE.	E(E(E))
Carbs: 20	* Milk, Eggs	UNSWEETENED TWP	Ore Ida® Reduced Sodium
* Wheat	555	Carbs: 12	Tater Tots® 6x5 LBS
	HUMMUS, PLAIN TUB REF	SHE	Carbs: 17
Cherry Tomato Cup	TWP	Assorted Fresh Fruit	
Carbs: 3	Carbs: 5	7.0001.0011.101.	HUMMUS, PLAIN TUB REF
			TWP
Roasted Broccoli	Assorted Fresh Fruit	Peas and Carrots HS Carbs: 18	Carbs: 5
Carbs: 8		Caros, 10	***
	PINEAPPLE, CHUNK IN		Assorted Fresh Fruit
Peterson Apple Slices	JUICE CANNED TWP		
	Carbs: 22		

Monday	Tuesday	Wednesday	Thursday
Sides	Milk	Milk	Milk
HUMMUS, PLAIN TUB REF TWP Carbs: 5	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Assorted Fresh Fruit	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34
Milk	Milk, Non-fat, With Added	Milk, Non-fat, With Added	Milk, Non-fat, With Added
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D	Vitamin A and Vitamin D Carbs: 12 * <mark>Milk</mark>	Vitamin A and Vitamin D Carbs: 12 * <mark>Milk</mark>	Vitamin A and Vitamin D Carbs: 12 * Milk
Carbs: 34 * Milk Milk, Strawberry, Fat Free	Milk, Lactose Free and Low Fat 1% Carbs: 12	Milk, Lactose Free and Low Fat 1% Carbs: 12	Milk, Lactose Free and Low Fat 1% Carbs: 12
Carbs: 34	* Milk	* Milk	* Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Lactose Free and Low Fat 1% Carbs: 12 * Milk	****	5.5-5	
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk			

Grades 9 - 12

Tuesday	Wednesday	Thursday	Friday
Entrees	Snack Items	Snack Items	Entrees
Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	ONION RING, BREADED FLOUR RANDOM PARCOOKED FROZEN BAG APPETI	Garlic Bread Carbs: 15 * Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat
Cheese Hoagie MS/HS Carbs: 43	Carbs: 26	Entrees	Cheese Hoagie MS/HS Carbs: 43
* Soybeans, Wheat	Entrees	Turkey Hoagie MS/HS Carbs: 45	* Soybeans, Wheat
Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans,	* Milk, Soybeans, Wheat Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat	Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat Jake's Pizza * Milk, Soybeans, Wheat Italian Hoagie MS/HS Carbs: 49
* Milk, Soybeans, Wheat	Eggs, Wheat	Italian Hoagie MS/HS	* Milk, Soybeans, Wheat
Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat Roasted Pear Salad with Chicken and Cheddar	Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat Chicken Patty Carbs: 37 Milk, Soybeans, Wheat	Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat
Carbs: 48 * Milk, Soybeans, Eggs, Wheat SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuls, Wheat	Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat * Soybeans, Wheat Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat	Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat	Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat

Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees
Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat
Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 Milk, Soybeans, Eggs, Wheat	CHICKEN, 8 PIECE 80 COUNT BONE-IN SKIN-ON COOKED OVEN ROASTE * Milk, Soybeans	Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat
Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat	Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat
Sides	***	201	Sides
Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat	Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat	Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat	Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat
	Sides		
MCCAIN® CRISPY BAKEABLE SEASONED 1/2" DEEP GROOVE CRINKLE FR	Peanut Butter and Graham Cracker Carbs: 22	Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6
Carbs: 22 * Soybeans	* Peanuts, Soybeans, Wheat	Sides	Strawberry, pear, and orange salad
Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat	Carbs: 25 Celery, Raw, Sticks
Carbs. 0		r danata, doyboane, vrnoat	Carbs: 4
APPLESAUCE, RASPBERRY BLUE SS PLASTIC CUP	Sidekicks Frozen BlueRaspberry-Lemon Carbs: 23	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	HUMMUS, PLAIN TUB REF TWP Carbs: 5
Carbs: 14	Baked Bean Supreme	E3554	
Carrots & Celery	Carbs: 47	Sautéed Cinnamon Pears Carbs: 22	Assorted Fresh Fruit
Carbs: 8	SWEET POTATO FRIES	244	
HUMMUS, PLAIN TUB REF TWP	7/16" CRINKLE-CUT XLONG FZN TWP Carbs: 46	Mashed, Loaded Potatoes, Idahoan RED SOD Carbs: 76	Romaine Boats Carbs: 11 * Soybeans, Wheat
Carbs: 5	***	* Milk, Soybeans	Lettuce, Romaine, Raw
***	HUMMUS, PLAIN TUB REF	55E	***
Assorted Fresh Fruit	TWP Carbs: 5	Del Monte® Low Sodium Cut Green Beans 101 oz. Can Carbs: 5	

Friday Tuesday Wednesday **Thursday** --- Milk ------ Sides ------ Sides ------ Sides ---Assorted Fresh Fruit HUMMUS, PLAIN TUB REF Milk, Chocolate, Non-fat, COLESLAW, SWEET DIXIE With Added Vitamin A and TWP SALAD TWP ---Vitamin D Carbs: 5 Carbs: 19 Carbs: 34 --- Milk ---* Eggs ---* Milk Milk, Chocolate, Non-fat, Assorted Fresh Fruit Milk, Strawberry, Fat Free With Added Vitamin A and --- Milk ---Carbs: 34 Vitamin D Tossed Salad Milk, Chocolate, Non-fat, Carbs: 34 Milk, Non-fat, With Added Carbs: 6 With Added Vitamin A and * Milk Vitamin A and Vitamin D Vitamin D Carbs: 12 Milk, Strawberry, Fat Free Carbs: 34 * Milk Carbs: 34 --- Milk ---* Milk Milk, Lactose Free and Low Milk, Non-fat, With Added Milk, Chocolate, Non-fat, Milk, Strawberry, Fat Free Fat 1% Vitamin A and Vitamin D With Added Vitamin A and Carbs: 34 Carbs: 12 Carbs: 12 Vitamin D * Milk Milk, Non-fat, With Added * Milk Carbs: 34 Vitamin A and Vitamin D Milk, Low-fat (1%), With * Milk Milk, Lactose Free and Low Carbs: 12 Added Vitamin A and Fat 1% Milk, Strawberry, Fat Free * Milk Vitamin D Carbs: 12 Carbs: 34 Carbs: 12 Milk, Lactose Free and Low * Milk Milk, Non-fat, With Added * Milk Fat 1% Milk, Low-fat (1%), With Vitamin A and Vitamin D ---Carbs: 12 Added Vitamin A and Carbs: 12 * Milk Vitamin D * Milk Milk, Low-fat (1%), With Carbs: 12 Milk, Lactose Free and Low Added Vitamin A and * Milk Fat 1% Vitamin D ---Carbs: 12 Carbs: 12 * Milk * Milk ---Milk, Low-fat (1%), With Added Vitamin A and Vitamin D

Carbs: 12

* Milk